



## What to Eat When You're Pregnant (2nd Revised edition)

By Rana Conway

Pearson Education Limited. Paperback. Book Condition: new. BRAND NEW, What to Eat When You're Pregnant (2nd Revised edition), Rana Conway, This is the definitive healthy eating guide for pregnancy, providing you with an instant checklist of what foods are safe and what foods you should steer clear of. In this fully revised new edition expert nutritionist and pregnancy specialist Dr Rana Conway provides all the facts and everything you need to know to give your baby the very best start in life. Are you Vegetarian? Check out the brand new guide by Dr Rana Conway: What to Eat when you're Pregnant and Vegetarian is available to buy now (9780273785774).

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