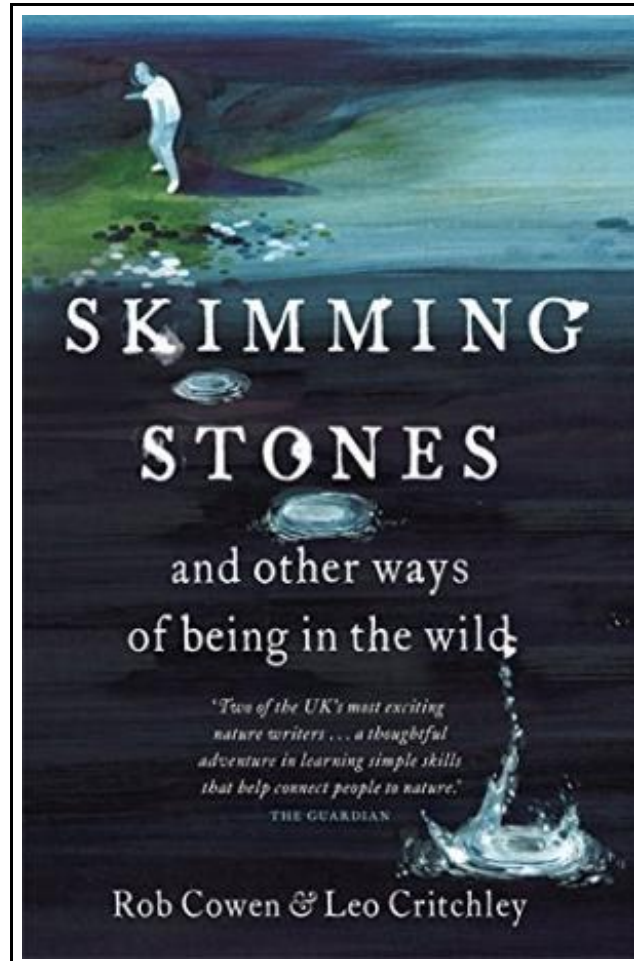


## Skimming Stones: And Other Ways of Being in the Wild



Filesize: 9 MB

### ***Reviews***

*The best book i at any time read. I am quite late in start reading this one, but better then never. I realized this publication from my dad and i advised this book to understand.*

***(Raina Simonis)***

## SKIMMING STONES: AND OTHER WAYS OF BEING IN THE WILD



Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, Skimming Stones: And Other Ways of Being in the Wild, Rob Cowen, Leo Critchley, 'Two of the UK's most exciting nature writers. A thoughtful adventure in learning simple skills that help connect people to nature.' Guardian Skimming Stones and Other Ways of Being in the Wild is a book of simple skills that can help us to interact with nature, achieve a deeper connection with it and even step inside another dimension. Rob Cowen and Leo Critchley teach us, for example, making and flying a kite, making an elder whistle, damming a stream and building a den - and at the same time teach us about life. Their techniques are intended to be not only of practical value but also techniques for meditation. They help us to live in the moment, recover ancient insights and rhythms and encourage nature to reveal to us her secrets and treasures. They write that 'there are forces deep in everyone's subconscious that find a pure expression in the simplest of activities. This book explains why we should be taking the time to do them. It is born out of a wish to share our passion for our landscape and the contemplative, reflective pleasures and joys that were well-known to our grandparents, but which are in danger of being lost and forgotten. They will help us get back to a place where we all belong'. Skimming Stones was awarded the Robert Deakin Grant from the Authors' Foundation, by the Society of Authors. 'Essential reading.' Daily Express 'At its simplest their book gives advice on connecting with nature through twelve activities, but Skimming Stones delves deeper. Each section draws the reader lyrically into deeper philosophical waters. I was simply carried along by the authors' sense of awe,...



[Read Skimming Stones: And Other Ways of Being in the Wild Online](#)

[Download PDF Skimming Stones: And Other Ways of Being in the Wild](#)

## See Also



---

**Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really Matters! (Paperback)**

ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on...

[Read Document »](#)



---

**Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age**

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video...

[Read Document »](#)



---

**A Parent s Guide to STEM (Paperback)**

U.S. News World Report, United States, 2015. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This lively, colorful guidebook provides everything you need to know...

[Read Document »](#)



---

**That Recoil of Nature (Paperback)**

Charivari Press, Canada, 2011. Paperback. Book Condition: New. 202 x 132 mm. Language: English . Brand New Book. In 1598 a young Italian noblewoman named Beatrice Cenci murdered her abusive, rapist father. Her actions found...

[Read Document »](#)



---

**DK Readers The Story of Muhammad Ali Level 4 Proficient Readers**

DK CHILDREN. Paperback. Book Condition: New. Paperback. 48 pages. Dimensions: 8.7in. x 6.5in. x 0.2in. Written by leading childrens authors and compiled by leading experts in the field, DK Readers are one of the most delightful...

[Read Document »](#)